



12th Cyprus Dietetic & Nutrition Association Conference and Expo with International Participation

EXCELLENCE IN NUTRITION & DIETETIC RESEARCH AND PRACTICE

01 - 03.12.2023 | Hilton Nicosia | Cyprus

PROGRAMME

ORGANIZED BY:



CyDNA is a member of



UNDER THE AUSPICES OF:



Cyprus Registration Board
for Food Technologists,
Food Scientists and Dietitians

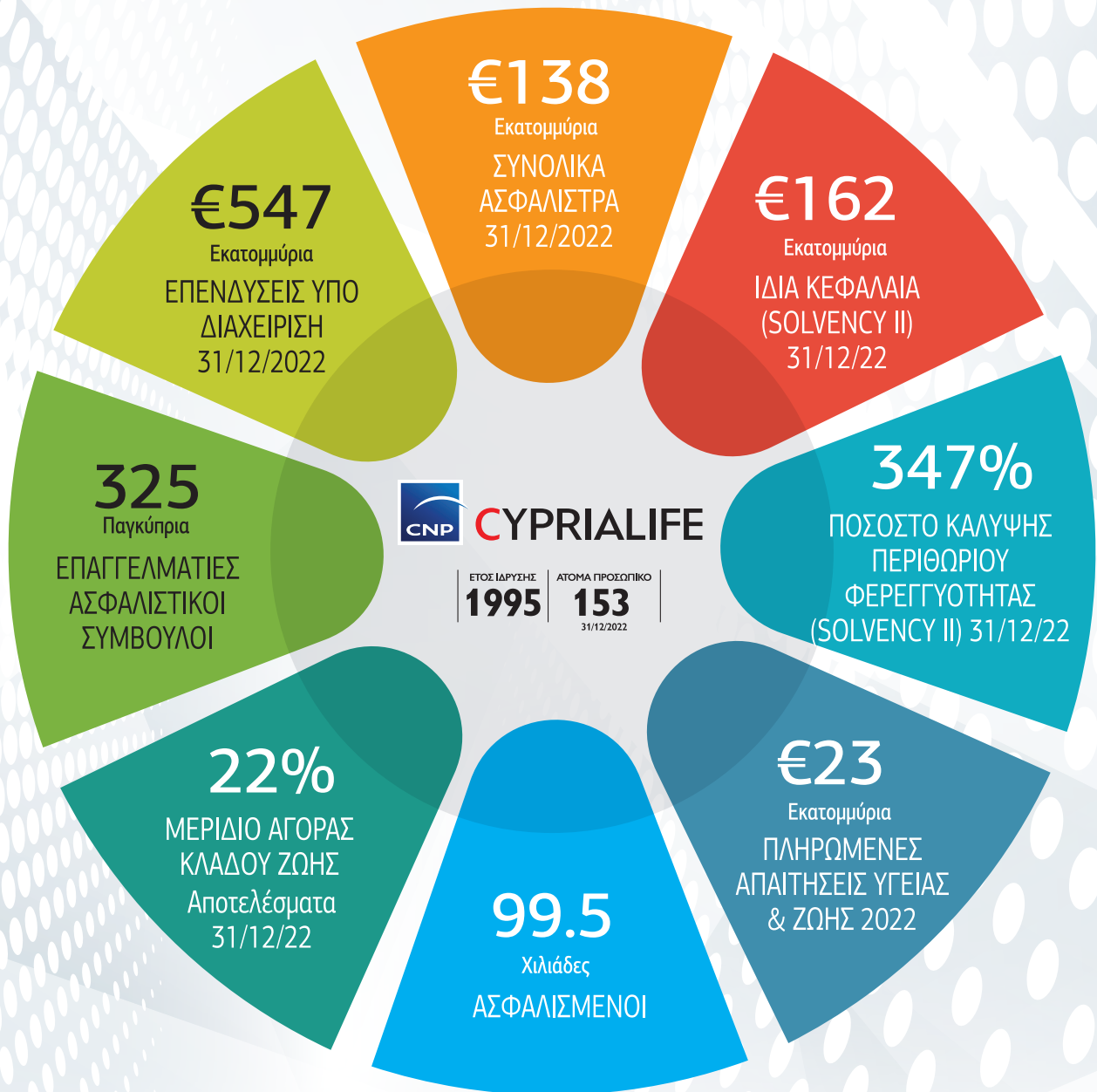


REPUBLIC OF CYPRUS
MINISTRY OF HEALTH



MINISTRY OF EDUCATION
SPORT AND YOUTH

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JAN 2023

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Organizer

Conference Management Company



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Message from the Conference Chair, CyDNA President

Dear dietitian, nutritionist and other health professional!
Dear colleagues, exhibitors, associates, students!

Thank you for Joining us at the most nutrition/dietetic event in Cyprus!

Welcome to the Cyprus Dietetic and Nutrition Association conference.

The 12th Cyprus Dietetic and Nutrition Association (CyDNA) Conference with the theme: “**Excellence in Nutrition and Dietetics Research and Practice**”.

As a valued professional in the field of dietetics, your expertise and contribution are invaluable to our conference. We have curated a dynamic program that encompasses the latest advancements, trends, and research in nutrition and its impact on health.

This conference will provide a unique platform for industry professionals, researchers, educators, and practitioners to connect, exchange ideas, and collaborate towards creating a healthier world. Through a series of insightful keynote presentations, engaging panel discussions, interactive workshops, and poster sessions, we aim to foster an environment of knowledge-sharing and innovation.

What I am most proud and thankful of this year is the organizations, sponsors, conference partner and the Cyprus Registration Board for Food Scientists, Technologists and Dietitians that worked with our Association to develop funds and provide support to our strategic priorities in the areas of inclusivity, diversity, equity, and accessibility.

Our Association continues to be the catalyst for our profession to come together to address the greatest food and nutrition challenges now and in the future. This conference has become an established activity of CyDNA and the participation of dietitians and nutritionists, other health professionals and students from the field of dietetics and other sciences is extremely fundamental. It is indeed a great educational, scientific and varied meeting with an unlimited opportunity of interchange professional experiences and networking among dietitians from Cyprus and abroad.

The conference and scientific committees are delighted to provide a program and resources that enable you as a professional and assist you as a leader in dietetic/nutrition profession for superior patient/client outcomes. Furthermore, this is a unique opportunity to join and link with colleagues, including the most prestigious speakers from a lot of places in the world. Our mission is to develop and extend knowledge of Nutrition and Dietetics for the health professionals through fundamental, multidisciplinary, and clinical research; facilitate contact among investigators in nutrition, dietetics, and related fields of interest; support the dissemination and application of nutrition science to improve public health and clinical practice worldwide; promote graduate education and training in dietetics and nutrition; provide reliable nutrition information, and advocate for nutrition research and its application to development and implementation of policies and practices related to nutrition.



The CyDNA supports its members and fulfills its goal by promoting and strengthening research in human nutrition; providing opportunities for allocating, disseminating, and documenting peer-reviewed nutrition research results; nurturing quality education and training in nutrition; upholding standards for ethical behavior in practice and research.

The CyDNA as a great supporter of the continuing education managed for this to offer 30 CPE hours. This 3 day conference including the open for the public event, the LLL's from CySPEN and product exhibition covers subjects by an international and local faculty of professionals.

On behalf of the organizing and scientific committee, I would like to acknowledge our appreciation to all of our sponsors, conference partner and supporters for making this conference possible and the concurrent food & products exhibition. Thanks to each of them for their diligence, enthusiasm, and generosity.

We sincerely hope you will join us at this prestigious event and contribute to the success of the 12th Cyprus Dietetic and Nutrition Association (CyDNA) Conference with International participation. Together, let us make a positive impact on the lives of individuals and communities by harnessing the power of nutrition.

Thank you for your attention, and we look forward to welcoming you to the Dietetic and Nutrition Conference – “Excellence in Nutrition and Dietetics Research and Practice”.

Prof Eleni P. Andreou, RDN, CPD, DPRof, FHEA
Chair of the Organizing Committee
President of the Cyprus Dietetic & Nutrition Association



COMMITTEES

Chair of Organizing/
Scientific Committee

Andreou Eleni

Organizing Committee/
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Angastinioti Elina
Angelidou Angela (Social Media)
Efthymiou Olga
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Papamichael Dimitris
Philippou Christiana
Savva Andreas
Tsokkou Yiota
Zisimou Constantinos

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Felekki Kyriakos
Petrou Christos
Theodorou Anastasios
Karis Ioannis

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Andreou Eleni (Chair)
Angastinioti Elina
Angelidou Angela
Kalli Procopis
Loukaides George
Michael Anna
Ntaflos Nikolaos
Ntorzi Nicoletta
Pahita Anna
Papamichael Dimitris
Philippou Christiana
Savva Andreas
Tsokkou Yiota

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Pahita Anna - Secretary
Kalli Procopis - Treasurer
Ntorzi Nicoletta - Assistant Secretary
Ntaflos Nikolaos - Member
Papamichael Dimitris - Member

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ποιότητα ζωής





GENERAL CONFERENCE INFORMATION

Duration

The scientific program of the conference will commence on Friday noon, the 1st of December and will end on Sunday, the 3rd of December.

Venue

Hilton Nicosia Hotel 5*

Language

The official language of the conference is English. Simultaneous translation from English to Greek and vice versa will be provided. No translation will be provided for LLL sessions. LLL's will be in English (Greek explanations by Greek speaking speakers only).

Registration Desk

All participants must register. A Registration Desk will be operating throughout the duration of the conference. The Registration Desk will also be operating as an Information Desk for any information or assistance participants may require during the conference. The badge of each participant gives access to all sessions, exhibition, coffee breaks, lunch break and opening ceremony cocktail.

Registration Fees

Registration Fees include attendance to all sessions (except LLLs which is optional), access to the exhibition, coffee breaks, lunch break, opening ceremony cocktail, conference material and certificate of attendance.

Exhibition

The exhibition will be running throughout the duration of the conference. The exhibition is open to pharmaceutical, dietetic and nutrition industries.

Certificate of attendance

Certificates of attendance will be sent electronically after the conference is completed. CME points will be also mentioned on the certificate.

Official Conference Dinner

The Official Conference Dinner will take place at the **Loft Restaurant Nicosia** on Saturday 2nd of December 2023 at 21:15. Vouchers for the Official Conference Dinner can be purchased via the Registration Form.

Continuing Professional Education

The Scientific Programme will offer 30 CPE hours (22 Conference, 1 Poster/Oral, 1 Exhibition, 6 LLL).

Name Badge Categories

Committee

Speakers

Participants

Participants with LLLS

Sponsors/Exhibitors



PROGRAMME AT A GLANCE

FRIDAY, 1 DECEMBER 2023

ROOM: AMATHUSIA

10:30 – 11:00 Registrations for LLL Course Participants (LEDRA FOYER)

11:00 – 13:00 **LLL Course: Nutritional Support in Pancreatic Disease**

12:30 – 13:00 Registrations - Welcome coffee and cookies (LEDRA FOYER)

ROOM: LEDRA A

13:00 – 14:00 **Panel: Microbiomes, Microbiota and Nutrition**

14:00 – 15:00 **Panel: Sports Performance - Discussion**
*In Collaboration with National Center of Sports Medicine
Research in Cyprus*



15:00 – 16:00 **Panel: Nutrition Behaviour and Dietetic Practice for Life Cycle Nutrition**

16:00 – 16:30 **Coffee Break and Nutritious Snacks (Exhibition Area)**
Poster Session (LEDRA A)

16:30 – 17:30 **Panel: Atherosclerosis Matters**
In Collaboration with Cyprus Atherosclerosis Society



17:30 – 18:30 **Panel: All about Weight Management**

18:30 – 19:30 **Keynote Presentation**
Opening Ceremony

19:30 **Official Opening of Exhibition and Cocktail**

**SATURDAY, 2 DECEMBER 2023****ROOM: AMATHUSIA**

08:00 – 12:00

LLL Course: Nutritional Support in Paediatric Patients*With Cooperation of CySPEN***ROOM: LEDRA A**

08:30 – 09:30

Panel: Nutrition Care Plan - Workshop

09:30 – 10:30

Workshop: Contemporary and Motivating Issues in Dietetics

10:30 – 11:00

Coffee Break (Exhibition Area)
Poster Session (LEDRA A)

11:00 – 12:00

Panel: Neurodegenerative Disorders, Cognition and Nutrition

12:00 – 13:00

Panel: Workshop-Practical Tools for Eating Disorders*In Collaboration with MAZI*

13:00 – 14:00

Lunch Break (Exhibition Area)

14:00 – 15:00

Food Demonstration:

Culinary Nutrition SPA for Health/Institute – Preparing Food for the Hospital

By Chef George Erotokritou

In Collaboration with Charalambides Christis

15:00 – 16:00

Panel: Policies of Nutrition and Dietetics

16:00 – 17:00

Panel: New practices with Diabetes and Metabolic Syndrome

17:00 – 17:30

Coffee Break (Exhibition Area)

17:30 – 18:30

Satellite Symposium
by M.S. Jacovides & Co Ltd

18:30 – 19:30

Panel: Kidney Diseases

21:30

Gala Dinner



SUNDAY, 3 DECEMBER 2023

ROOM: LEDRA A

09:00 – 10:00

Oral/Poster Presentations

10:00 – 11:00

Panel: Dietetic Science and Practice

11:00 – 11:15

Coffee Break (Exhibition Area)

11:15 – 12:15

Panel: Critical Care in Nutrition

12:15 – 13:00

**Satellite Symposium
by Fagron Hellas**



13:00 – 14:00

**Debate: The role of artificial sweeteners and light products
in the promotion of weight loss and diabetes management**

14:00 – 14:30

Closing Ceremony and Awards for

- **Best Rated Oral/Poster Presentation for Student Dietitians**
- **Announcement of Children's Book Contest Winner**

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αλλά με την πλούσια γεύση
των καρπών της ελληνικής φύσης.



Αποστειρωμένος Αληθινός και Διαιτητικός



το καλύτερό μας!
#ToKaliteroStiDiatrofiMas



ANALYTICAL PROGRAMME

FRIDAY, 1 DECEMBER 2023

ROOM: AMATHUSIA

10:30 – 11:00

Registrations for LLL Course Participants (LEDRA FOYER)

11:00 – 13:00

LLL Course: Nutritional Support in Pancreatic Disease

11:00 – 11:45

LLL Modules:

- Module 14.1: Nutrition in Acute Pancreatitis
Chrystalla Kountouri

11:45 – 12:15

- Module 14.2: Chronic Pancreatitis
Dr Haris Constantinou

12:15 – 13:00

- Case and Test

Course Director: Chrystalla Kountouri

Presenters: Chrystalla Kountouri, Dr Haris Constantinou

With Cooperation of CySPEN



CPE level:II

CPE credit:2

12:30 – 13:00

Registrations - Welcome coffee and cookies (LEDRA FOYER)

ROOM: LEDRA A

13:00 – 14:00

Panel: Microbiomes, Microbiota and Nutrition

- Maternal microbiome and brain development
Prof Edna Yamasaki Patrikiou
- Can our epigenome store metabolites?
Dr Evelina Charidemou
- Eating for Two: How Our Diet's microRNAs Influence Our Microbiome
Dr Myrtani Pieri

Chairs: Eleni Andreou, Nicoletta Ntorzi, Kyriakos Felekkis

CPE level:I

CPE credit:1



14:00 – 15:00

Panel: Sports Performance - Discussion

- Practical Training - Testimonial
Nectarios Alexandrou
- Sports Performance from Nutrition Perspective
Nicoletta Michaelidou
- Marathon training needs and performance
Dr George Loucaides
- Sports Performance from Sports Medicine Perspective
Dr Michalis Michaelides

Chairs: Nikolaos Ntaflos, Constantinos Zisimou

*In Collaboration with National Center of Sports Medicine
Research in Cyprus*

CPE level: II CPE credit: 1

15:00 – 16:00

Panel: Nutrition Behaviour and Dietetic Practice for Life Cycle Nutrition

- Results of Army Study in Cyprus for Weight and Eating Behaviour of soldiers
Nicoletta Ntorzi
- Entrepreneurship in Dietetics
Alini Calmon - Spanou
- Guiding New Parents to Prevent Food Allergies in Infancy
Dr Emilia Vassilopoulou
- Nutritional Policies from Ministry of Health
Eliza Markidou

Chairs: Eleni Andreou, Yiota Tsokkou

CPE level: II CPE credit: 1

16:00 – 16:30

**Coffee Break and Nutritious Snacks (Exhibition Area)
Poster Session (LEDRA A)**

16:30 – 17:30

Panel: Atherosclerosis Matters

- Adherence to the Mediterranean diet and atherosclerotic cardiovascular events: Follow-up data from a Cypriot cohort
Dr Andrie Panayiotou
- Folic acid deficiency, homocysteine blood levels and atherosclerotic cardiovascular events: a 19-year follow-up study in an initially asymptomatic Cypriot cohort
Prof Andrew Nicolaidis, MD
- Factors Influencing the Production of Nitric Oxide
Prof Dan Benardot

Chairs: Christiana Philippou, Olga Efthymiou

In Collaboration with Cyprus Atherosclerosis Society

CPE level: I CPE credit: 1



Καλό για σένα, καλό για όλους:

Η υγεία και η διατροφή ξεκινούν από το καλάθι μας

Πώς φροντίζουμε οι πελάτες μας να ξέρουν τι καταναλώνουν και να επιλέγουν με συνειδητότητα

ΣΤΟΝ ΔΡΟΜΟ
ΓΙΑ ΕΝΑ
ΚΑΛΥΤΕΡΟ
ΑΥΡΙΟ

Για τη Lidl, η βιώσιμη δράση αποτελεί έναν από τους κεντρικούς στρατηγικούς στόχους για ένα μέλλον με προοπτική. Αναλαμβάνουμε την ευθύνη παντού όπου οι ενέργειές μας έχουν αντίκτυπο στους ανθρώπους και το περιβάλλον. Ενεργώντας υπεύθυνα, εκπληρώνουμε την υπόσχεσή μας για ποιότητα κάθε μέρα εκ νέου και έτσι θωρακίζουμε σωστά την εταιρεία μας για το μέλλον.

Σε αυτό το πλαίσιο, αναπτύξαμε τη στρατηγική μας για την Εταιρική Κοινωνική Ευθύνη. Με αυτήν, δίνουμε στην απαίτησή μας για υπεύθυνη δράση μια σαφή κατεύθυνση. Η κοινή και συνολική αντίληψή μας για τη βιώσιμη δράση καλύπτει έξι στρατηγικούς τομείς: «Διατήρηση των πόρων», «Προστασία του κλίματος», «Σεβασμός της βιοποικιλότητας», «Δίκαιη δράση», «Προαγωγή της υγείας» και «Συμμετοχή στο διάλογο».

Έτσι περιγράφεται το πώς εμείς στη Lidl κατανοούμε την ευθύνη μας απέναντι στο περιβάλλον, τους ανθρώπους και την κοινωνία.

Στον δρόμο προς το αύριο: Συνειδητή διατροφή

Ως λιανέμπορος τροφίμων με 20 υποκαταστήματα στην Κύπρο, φτάνουμε σε εκατοντάδες χιλιάδες πελάτες και συμβάλλουμε με τα πολυάριθμα προϊόντα μας στη διατροφή τους. Επειδή η παρασκευή τροφίμων επιφέρει και αρνητικές κοινωνικές και οικολογικές επιπτώσεις, θέλουμε να μειώσουμε αυτές τις συνέπειες και να προσφέρουμε στους πελάτες μας μια γκάμα προϊόντων για έναν υγιεινό και βιώσιμο τρόπο ζωής. Η συνειδητή διατροφή, όχι μόνο συμβάλει θετικά στο πεδίο ενεργειών μας «Προάγουμε την υγεία», αλλά έχει και θετικές επιπτώσεις σε πολλά επιπρόσθετα πεδία ενεργειών.

Η δέσμευσή μας για συνειδητή διατροφή

Το πεδίο δράσης «Συνειδητή διατροφή» επηρεάζει όλα τα θέματα στρατηγικής μας εστίασης και συνδυάζει τα θέματα «ασφάλεια τροφίμων», «υγιεινή διατροφή», «βιώσιμη διατροφή» και «διαφάνεια και ενδυνάμωση». Η ασφάλεια των τροφίμων αποτελεί τη βάση της στρατηγικής μας για μια συνειδητή διατροφή και ως εκ τούτου αποτελεί προϋπόθεση για την εφαρμογή των περαιτέρω πυλώνων. Ο στόχος μιας υγιεινής διατροφής εστιάζει στη βελτίωση των διατροφικών πτυχών της γκάμας προϊόντων. Η βιώσιμη διατροφή περιγράφει τον στόχο μιας οικολογικής και κοινωνικά δίκαιης διατροφής εντός των πλανητικών ορίων που υποστηρίζει περισσότερο την καλή μεταχείριση των ζώων. Προκειμένου να υποστηρίξουμε τους πελάτες μας στην αποδοχή αυτής της προσφοράς προϊόντων, η διαφάνεια και η επικοινωνία είναι το κλειδί για μια όλο και πιο συνειδητή απόφαση αγοράς. Μαζί με αυτούς τους πυλώνες, προωθούμε συνεχώς την περαιτέρω ανάπτυξη της γκάμας της δικής μας μάρκας για ασφαλή, βιώσιμα, υγιεινά και οικονομικά προϊόντα.



Πρώθηση της υγιεινής διατροφής

Νέα πρότυπα σε ενέργειες μάρκετινγκ που απευθύνονται στα παιδιά

Δεδομένου ότι η κακή διατροφή στην παιδική ηλικία αυξάνει τον κίνδυνο ασθενειών που σχετίζονται με τη διατροφή στην ενήλικη ζωή, η διαφήμιση υγιεινών τροφίμων και η μη διαφήμιση ανθυγιεινών τροφίμων μέχρι την ηλικία των 14 ετών είναι κεντρικής σημασίας για την υγεία. Έτσι, στο εξής, ως Lidl στοχεύουμε στην προώθηση μιας πιο υγιεινής και βιώσιμης διατροφής για παιδιά και, με εξαίρεση α προϊόντα προωθητικών ενεργειών Χριστουγέννων, Πάσχα και Halloween, δεν θα διαφημίζουμε τρόφιμα που έχουν υψηλή περιεκτικότητα σε κορεσμένα λιπαρά οξέα, ζάχαρη ή αλάτι σε παιδιά. Επιπρόσθετα, μέχρι το τέλος του 2025, τα προϊόντα ιδιωτικής ετικέτας, ου απευθύνονται ειδικά σε παιδιά, θα προωθούνται μόνο αν πληρούν τα κριτήρια του Παγκόσμιου Οργανισμού Υγείας για υγιεινά τρόφιμα, οι συσκευασίες των οποίων θα αλλάξουν σταδιακά.

Περισσότερα δημητριακά ολικής άλεσης στα προϊόντα ιδιωτικής ετικέτας της Lidl

Μια διατροφή πλούσια σε προϊόντα ολικής άλεσης διαδραματίζει σημαντικό ρόλο στην υγεία και είναι η σημαντικότερη βάση σε ένα μέσο ευρωπαϊκό πρότυπο διατροφής, για να γεράσουμε με υγεία. Στόχος μας στη Lidl είναι να επεκτείνουμε την γκάμα προϊόντων μας με εναλλακτικές σε προϊόντα ολικής άλεσης και μέχρι το 2025 να αυξάνουμε σταδιακά το μερίδιο συστατικών ολικής άλεσης στα είδη της ιδιωτικής ετικέτας της Lidl.

Επέκταση της γκάμας φυτικών προϊόντων

Η παραγωγή ζωικών προϊόντων έχει τις μεγαλύτερες επιπτώσεις στο περιβάλλον, ενώ ταυτόχρονα, η υπερβολική κατανάλωσή τους μπορεί να έχει αρνητικές συνέπειες στην υγεία μας. Όσα περισσότερα προϊόντα φυτικής προέλευσης καταναλώνουμε, τόσο περισσότερα κάνουμε για το κλίμα, τη βιοποικιλότητα και την υγεία μας. Γι' αυτό, στη Lidl, μέχρι το 2025, θα επεκτείνουμε το ποσοστό των πηγών πρωτεΐνης φυτικής προέλευσης στην γκάμα προϊόντων μας, προσθέτοντας νέα προϊόντα που υποστηρίζουν μια φυτική διατροφή. Αυτό περιλαμβάνει όσπρια, ξηρούς καρπούς, καθώς και υποκατάστατα προϊόντα vegan για το κρέας και τα γαλακτοκομικά προϊόντα.

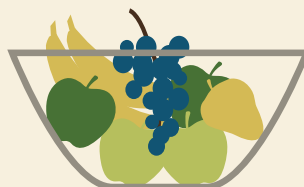
Πρώθηση ισορροπημένης διατροφής

Η υπερβολική κατανάλωση ζάχαρης, αλατιού και κορεσμένων λιπαρών έχουν συνδεθεί με διάφορες σοβαρές επιπτώσεις στην υγεία. Λαμβάνοντας υπόψη αυτά τα δεδομένα, έχουμε θέσει ως στόχο μας τη μείωση ζάχαρης και αλατιού κατά 20% στα προϊόντα μας ιδιωτικής ετικέτας. Επιπρόσθετα, στοχεύουμε στη μείωση ή την πλήρη αποφυγή πρόσθετων, όπως χρωστικών και αρωματικών ουσιών και συντηρητικών στα προϊόντα ιδιωτικής ετικέτας, χωρίς να θυσιάζεται η γεύση ή η ποιότητά τους.

Πιστοποιημένες πηγές πρώτων υλών και βιώσιμη ανάπτυξη γκάμας προϊόντων

Ως εμπορική εταιρεία, λειτουργούμε με συνείδηση και αίσθηση ευθύνης απέναντι στο περιβάλλον και το δίκαιο εμπόριο, στηρίζοντας τις προσπάθειες αναγνωρισμένων προτύπων πιστοποίησης που χαρακτηρίζονται από περιβαλλοντική υπευθυνότητα και προωθούν τη βιώσιμη καλλιέργεια, όπως το Fairtrade, το UTZ, το Bio και το Rainforest Alliance, προσφέροντας αντίστοιχα πιστοποιημένα προϊόντα που φέρουν τα ανάλογα σήματα. Όσον αφορά τα φρούτα, τα λαχανικά, τα φυτά και τα άνθη που εμπορευόμαστε, διαθέτουν όλα την πιστοποίηση GLOBAL G.A.P., Fairtrade ή του Ολλανδικού Milieu Project Sierteel. Μεριμνούμε, επίσης, ιδιαιτέρως για τα προϊόντα ζωικής προέλευσης (κρέας, γαλακτοκομικά, αυγά, ψάρια), στηρίζοντας πρότυπα πιστοποίησης όπως MSC, BIO και ASC.

Στη Lidl Κύπρου αντιλαμβάνομαστε απόλυτα την ευθύνη μας απέναντι στο καταναλωτικό κοινό και δεσμευόμαστε ώστε να του προσφέρουμε προϊόντα με την καλύτερη σχέση ποιότητας-τιμής, με υπευθυνότητα απέναντι στους πελάτες μας, αλλά και στο περιβάλλον. Έτσι, με κάθε μας επιλογή προϊόντων, στοχεύουμε με τον δικό μας τρόπο να δημιουργήσουμε τις βάσεις για ένα βιώσιμο και καλύτερο αύριο για όλους.





17:30 – 18:30

Panel: All about Weight Management

- Chrononutrition: Is eating according to circadian rhythm the right choice?
Prof Dimitrios Papandreou
- Mindset and weight management
Dr Anastasios Papalazarou
- Patient- centered communication in obesity management setting
Prof Marwan El Ghoch

Chairs: Elina Angastinioti, Angela Angelidou, Christos Petrou

CPE level:II CPE credit: 1

18:30 – 19:30

Opening Ceremony

18:30 – 19:00

- Keynote Presentation: 'One Health': The challenges are ahead
Prof Antonis Zampelas, President of Hellenic Food Authority (EFET)

19:00 – 19:30

Addresses by:

- **Prof Eleni P. Andreou**
President of Cyprus Dietetic and Nutrition Association
- **Mrs Panayiota Theophilou**
V. President of Cyprus Registration Board for Food Scientists, Technologists and Dietitians
- **Mrs Fani Preventi**
President of the Hellenic Dietetic and Nutrition Association
- **Ministry of Education, Sports and Youth Representative**
- **Dr Christina Yiannaki**
Director General, Ministry of Health

Honor of Dr Iosif Kasios, MD
Past President of the National Committee of Diabetes

Performance by Tenor Ioannis Livanos

Chairs: Nicoletta Ntorzi, Anna Pahita

CPE level:III CPE credit: 1

19:30

Official Opening of Exhibition and Cocktail



SATURDAY, 2 DECEMBER 2023

ROOM: AMATHUSIA

08:00 – 12:00

LLL Course: Nutritional Support in Paediatric Patients

LLL Modules:

08:00 – 08:45

- Module 4.1: Food Allergy: Prevention and Treatment of Cow's Milk Allergy
Dr Giagkos Lavranos, MD

08:45 – 09:30

- Module 4.2: Nutrition and Dietary Therapy in Paediatric Inflammatory Bowel Disease
Dr Giagkos Lavranos, MD

09:30 – 10:15

- Module 4.3: Nutrition Treatment in Children with Intestinal Failure with a Special Emphasis on Short Bowel Syndrome
Prof Dimitris Papandreou

10:15 – 10:30

Coffee Break (Exhibition Area)

10:30 – 11:15

- Module 4.4: Principles of Feeding the Preterm Infant
Prof Dimitris Papandreou

11:15 – 12:00

- Case and Test

Course Director: Chrystalla Kountouri, Dr Giagkos Lavranos
Presenters: Dr Giagkos Lavranos, Prof Dimitrios Papandreou

With Cooperation of CySPEN



CPE level:II CPE credit:4

ROOM: LEDRA A

08:30 – 09:30

Panel: Nutrition Care Plan - Workshop

- Nutrition Assessment and Process of Nutrition and Dietetic Practice, Case Study/ Discussion
Prof Eleni Andreou & Anna Pahita
- What you told us! (for introduction of solid food – research based)
Dr Dona Hileti

Chairs: George Loukaides, Yiota Tsokkou

CPE level:II CPE credit: 1

09:30 – 10:30

Workshop: Contemporary and Motivating Issues in Dietetics

- Managing the fear of uncertainty
Dr Elie Wakil

Chairs: Eleni Andreou, Constantinos Zisimou

CPE level:II CPE credit: 1

10:30 – 11:00	Coffee Break (Exhibition Area) Poster Session (LEDRA A)
11:00 – 12:00	<p>Panel: Neurodegenerative Disorders, Cognition and Nutrition</p> <ul style="list-style-type: none"> • MIND DIET- Excellence in Nutrition Practice for Dementia, Alzheimer's, Parkinson, Aging Elina Angastinioti • Modifiable and unmodifiable risk factors affecting cognitive health and quality of life in adulthood: Evidence from the Neurocognitive Study on Aging (NEUROAGE) Prof Fofi Constantinidou • Pomegranate seed oil (Granagard), a natural antioxidant to target neurodegeneration in Multiple Sclerosis Dr Panagiota Petrou, MD <p>Chairs: George Loukaides, Eleni Andreou</p> <p>CPE level: I CPE credit: 1</p>
12:00 – 13:00	<p>Panel: Workshop-Practical Tools for Eating Disorders</p> <ul style="list-style-type: none"> • The role of a dietitian in the treatment of anorexia nervosa Bethany Francois • MINDFUL EATING- when a psychologist and dietitian work together to implement MINDFUL EATING Persa Korfiati • Train the Trainer: Educate the dietitians/nutritionist show to guide their consultees with disordered eating (Testimonial) Poly Gregora • 5' presentation by ZOPIΑΣ <p>Chairs: Eleni Andreou, Olga Efthimiou</p> <p><i>In Collaboration with MAZI</i></p> <p>CPE level: I CPE credit: 1.5</p>
13:00 – 14:00	Lunch Break (Exhibition Area)
14:00 – 15:00	<p>Food Demonstration: Culinary Nutrition SPA for Health/Institute – Preparing Food for the Hospital</p> <p>By Chef George Erotokritou</p> <p>Chairs: Andreas Savva, Angela Angelidou</p> <p><i>In Collaboration with Charalambides Christis</i></p> <p>CPE level: III CPE credit: 1</p>



MAZI

ΜΑΡΙΑΣ & ΑΝΔΡΕΑ ΖΟΠΙΑ ΙΔΡΥΜΑ
(ΕΣΥΠΜΑ ΣΥΝΕΡΓΟΚΕΝΤΡΟ ΣΥΝΟΧΗΣ)





15:00 – 16:00

Panel: Policies of Nutrition and Dietetics

- Nutrition Policies, Procedures and Programmes in the Cyprus Ministry of Education, Sports and Youth
Dr Christiana Philippou
- GeSY: A Challenging Era
Chrystalla Kountouri
- Medical Nutrition Therapy Guidelines for the Treatment of Obesity: A Paneuropean Approach
Dr Antonis Vlassopoulos
- Policy priorities and advocacy for the profession of Dietitians - Nutritionists in Europe by EFAD
Dr Grigoris Risvas

Chairs: Eleni Andreou, Nikolaos Ntaflos, Ioannis Karis

CPE level: I CPE credit: 1

16:00 – 17:00

Panel: New practices with Diabetes and Metabolic Syndrome

- Gene-diet interactions and their potential role in type 2 diabetes prevention
Dr Alexandros Heraclides
- CGMs pumps and the role of the clinical dietitians as a diabetes educator
Dr Charilaos Dimosthenopoulos
- Developments in the diagnosis and management of metabolic syndrome from a pharmacist perspective
Dr Eleftheria Galatou

Chairs: Dimitris Papamichael, Elina Angastinioti

CPE level: I CPE credit: 1

17:00 – 17:30

Coffee Break (Exhibition Area)

17:30 – 18:30

**Satellite Symposium
by M.S. Jacovides & Co Ltd**

- The phytotherapy and its uses for a healthy liver
Dr Marco Gianfrancesco (Ortis Scientific Affairs Lead)
- 5' Presentation by MSJ Group

Chairs: Christiana Philippou, Procopis Kalli

CPE level: I CPE credit: 1



18:30 – 19:30	<p>Panel: Kidney Diseases</p> <ul style="list-style-type: none"> • Testimony from the Cyprus Patients Kidney Association Emily Groutidou • Nutritional Guidelines from stage1 to ESKD Dr Kalliopi Anna Poulia • Exercise in chronic kidney disease Dr Christoforos Giannaki • The role of the Nurse in the care of people with Kidney failure Dr Evangelos Latzourakis <p>Chairs: Anna Michael, Eleni Andreou, Anastasios Theodorou</p> <p style="text-align: right;">CPE level: I CPE credit: 1.5</p>
21:30	Gala Dinner

SUNDAY, 3 DECEMBER 2023

ROOM: LEDRA A

09:00 – 10:00	<p>Oral/Poster Presentations</p> <p>Chairs: George Loukaides, Procopis Kalli</p> <p style="text-align: right;">CPE level: III CPE credit: 1</p>
10:00 – 11:00	<p>Panel: Dietetic Science and Practice</p> <ul style="list-style-type: none"> • Intermittent Fasting: A Novel Approach or Just Another FAD Diet? Fani Preventi • GLP1 agonists – Are they the solution for weight loss? Dr Yiannis Sarigiannis • Nutritional Pathways to Sleep Optimization: Bridging Dietetics and Sleep Science Dr Angelos Vlahoyiannis <p>Chair: Anna Michael, Anna Pahita</p> <p style="text-align: right;">CPE level: II CPE credit: 1</p>
11:00 – 11:15	Coffee Break (Exhibition Area)



11:15 – 12:15	<p>Panel: Critical Care in Nutrition</p> <ul style="list-style-type: none">• Functional Food and Prevention of Chronic Diseases Dr Aimilia Papakonstantinou• The New Guidelines for Enteral Nutrition Dr Dimitrios Karagiannis• The Diagnosis of Malnutrition According to the GLIM for Cancer patients Sophia Brown <p>Chairs: Nicoletta Ntorzi, Eleni Andreou</p> <p>CPE level:II CPE credit: 1</p>
12:15 – 13:00	<p>Satellite Symposium by Fagron Hellas</p>  <ul style="list-style-type: none">• Nutrigenetics tool for health professionals. How to implement Fagron NutriGen™ into your clinical practice Mrs Niki Androulaki <p>Chairs: Christiana Philippou, Nikolaos Ntaflos</p> <p>CPE level:I CPE credit: 1</p>
13:00 – 14:00	<p>Debate: The role of artificial sweeteners and light products in the promotion of weight loss and diabetes management</p> <ul style="list-style-type: none">• Dr Anastasios Papalazarou (Con)• Dr Charilaos Dimosthenopoulos (Pro) <p>Chair: Dimitris Papamichael, Yiota Tsokkou</p> <p>CPE level:III CPE credit: 1</p>
14:00 – 14:30	<p>Closing Ceremony and Awards for</p> <ul style="list-style-type: none">• Best Rated Oral/Poster Presentation for Student Dietitians• Announcement of Children's Book Contest Winner <p>Supported by: Ministry of Health, Ministry of Education, Sport and Youth</p> <p>Prof Eleni Andreou Chairs: Christiana Philippou, Nicoletta Ntorzi</p> <p>CPE level:III CPE credit: 1</p>

The Scientific Programme applied for approval for 30 CPE (22 Conference, 1 Poster/Oral, 1 Exhibition, 6 LLL)

Conference Room: Ledra A | Exhibition Room: Ledra B
LLL- 4 Room: Dionysos | LLL- 14 Room: Ledra A

Available Translation for Conference: Greek - English
LLL's will be in English (Greek explanations by Greek speaking speakers)



SPEAKERS DETAILS in alphabetical order

A/A	Speaker	Specialization	Country
1.	Alexandrou Nectarios	Founder & Director G.D.A Sports LTD, Sport Events & Mental Education, GROWTH.Daily.Always.	Cyprus
2.	Andreou Eleni	RDN and Licensed Dietitian, Professor of Clinical Dietetics and Nutrition at University of Nicosia, BSc/ CPD Food and Nutrition and Dietetics with Specialization in Clinical Dietetics, Youngstown State University, USA, Doctorate Studies in Nutrition and Behavior in Education and Clinical Dietetics, Middlesex University, UK, Certified Clinical Dietitian as Renal Dietitian and Specialized in Eating Disorders, Nutrition Dimension/CDR, USA, President of Cyprus Dietetic and Nutrition Association (CyDNA), President of the Cyprus Registration Board of Food Scientists, Technologists and Dietitians (CyRBFSTD), School of Life and Health Sciences, University of Nicosia, HoD of Life Sciences School	Cyprus
3.	Androulaki Niki	Higher Technological Educational Institution of Thessaloniki Dietitian-Nutritionist, KOL Fagron Hellas	Greece
4.	Angastinioti Elina	MS, RDN, Clinical Dietitian/Nutritionist	Cyprus
5.	Benardot Dan	PhD, DHC, RDN, FACSM Teaching Professor (Emory University), and Professor of Nutrition, Emeritus (Georgia State University), Emory University and Georgia State University	USA
6.	Brown Sophia	RD, Registered Dietitian, Master's in Nutrition and Dietetics, University of Nottingham, United Kingdom, Senior Specialist Dietitian, Portsmouth University Hospitals, NHS	UK
7.	Calmon-Spanou Alini	MSc Clinical Dietetics (Cyprus) 2022, BS Human Nutrition (UK) 2018 BS Human Resources Management (UK) 2009, BS Business and Marketing(Brazil) 2004 Clinical Dietitian - Head Dietitian, Cyprus Dietetic & Nutrition Association	Greece
8.	Charidemou Evelina	PhD, Nutritional Biochemist, Lecturer, University of Nicosia	Cyprus
9.	Constantinidou Fofi	Ph.D., CCC-SLP & CBIS, Professor of Language Disorders & Clinical Neuropsychology Director, Center for Applied Neuroscience, University of Cyprus	Cyprus
10.	Constantinou Haris	MD, BSc Nutritional Sciences and Dietetics, Consultant Physician at Internal Medicine Department and the Director of the Obesity Medicine Clinic at Larnaca General Hospital	Cyprus
11.	Dimosthenopoulos Charilaos	PhD from the Medical School, Kapodistriakon University, Athens, Greece Bachelor degree on Biology, School of Biology of the Aristotle University of Thessaloniki, Greece, Postgraduate Diploma (PostDip in Dietetics) in Dietetics, Leeds Metropolitan University, UK, Master of Medicine and Science in Human Nutrition (MMedSci), Sheffield University, UK, Chief Dietitian, General Hospital of Athens "Laiko", Department of Nutrition and Dietetics, Laiko General Hospital, Athens, Greece, First Department of Propaedeutic Internal Medicine, Medical School National and Kapodistrian University of Athens, Laiko General Hospital	Greece
12.	El Ghoch Marwan	MD, Associate Professor, Department of Biomedical, Metabolic and Neural Sciences, University of Modena and Reggio Emilia, Italy, Professor in Clinical Nutrition	Italy
13.	Erotokritou George	Chef	Cyprus
14.	Francois Bethany	BSc Biomedical Sciences, MSc Eating Disorders and Clinical Nutrition, PG Diploma Dietetics, Orri Eating Disorder Service, London	UK
15.	Galatou Eleftheria	Pharmacist- Biologist, MSc, PhD, Assistant Professor, Pharmacy Program, Department of Health Sciences, School of Life and Health Sciences, University of Nicosia	Cyprus



A/A	Speaker	Specialization	Country
16.	Gianfrancesco Marco	PhD in Pharmaceutical and Biomedical Sciences, Scientific Affairs Lead, Les Laboratoires Ortis	Belgium
17.	Giannaki Christoforos	BSc, MSc, PhD, Associate Professor, Department of Life Sciences, School of Life and Health Sciences, University of Nicosia	Cyprus
18.	Gregora Poly	Mental Health First Aider, Coach, Expert by Experience, Mental Health Empowerment Advocate	Cyprus
19.	Groutidou Emily	Vice-President of the European Kidney Patients' Federation (EKPF), President of the Pancyprian Organization of People with Kidney Disorders, Board Member of the Cyprus Transplantation Council	Cyprus
20.	Heraclides Alexandros	PhD, Associate Professor Epidemiology and Public Health Department of Health Sciences, School of Sciences, European University Cyprus	Cyprus
21.	Hileti Dona	PhD, MSc, BSc (hons), RD, Lecturer in Nutrition at the University of Nicosia and Clinical Paediatric Dietitian, University of Nicosia	Cyprus
22.	Karagiannis Dimitrios	BSc, MSc, PhD, Director, Clinical Nutrition Unit, Evaggelismos General Hospital, Athens	Greece
23.	Korfiati Persa	BSC Psychology - Lyon II Lumiere, Master Degree Psychology - Lyon II Lumiere, PhD Candidate - University of Nicosia, Registered Specialized Psychologist in Cyprus, Panhellenic Psychological Association - Greece / Association of MAZI-Eating Disorders Cyprus	Cyprus
24.	Kountouri Chrystalla	RD Clinical Dietitian, GHS	Cyprus
25.	Latzourakis Evangelos	PhD, MSc, Renal Pg Cert, BSc, RN, Lecturer, University of Nicosia	Cyprus
26.	Lavranos Giagkos	MD, PHD, MA, Professor in Internal Medicine and Public Health	Cyprus
27.	Loucaides George	BSc, Master Med Sci, PhD, Exercise Physiologist Cyprus Sports Organization, Cyprus Sports Research Center	Cyprus
28.	Markidou Eliza	Clinical Dietitian, Ministry of Health, Cyprus	Cyprus
29.	Michaelides Michalis	PhD of Medical & Exercise Physiology, Scientific Director of the Cyprus Sports Medicine & Research Centre - Incoming President of the Cyprus Sports Medicine Association, Cyprus Sport Organization, Cyprus Association of Sports Medicine	Cyprus
30.	Michaelidou Nikoleta	MSC, RD, IOC Sports Nutrition Diploma Certified, Clinical Dietitian/Sports Nutritionist, Cyprus Sports Research Center	Cyprus
31.	Nicolaides Andrew	DSc, MS, PhD, FRCS, FRCSE, Honorary Professor of Surgery, University of Nicosia Medical School	Cyprus
32.	Ntorzi Nicoletta	PhD can., RDN, CDN, MS, Clinical Dietitian, CyDNA	Cyprus
33.	Pahita Anna	BSc/ RD, Clinical Dietitian, Secretary of CyDNA	Cyprus
34.	Panayiotou Andrie	PhD, Associate Professor in Public Health, School of Health Sciences, Cyprus University of Technology	Cyprus
35.	Papakonstantinou Aimilia	PhD, Assistant Professor in Nutrition and Metabolism Laboratory of Dietetics and Quality of Life, Department of Food Science and Human Nutrition, Agricultural University of Athens	Greece
36.	Papalazarou Anastasios	PhD on Human Nutrition and Dietetics, Department of Dietetics-Nutrition Science of Harokopio University in Athens, Greece, Dietitian, Scientific Associate of Harokopio University of Athens, Nutrition and Dietetic Department	Greece

A/A	Speaker	Specialization	Country
37.	Papandreou Dimitrios	Dr (Med), M.Ed, M.Sc, RDN, FHEA, Professor of Nutrition, College of Health Sciences, University of Sharjah	UAE
38.	Petrou Panayiota	MD, Senior Neurologist and Head of Day Care Clinic, Multiple Sclerosis and Neuroimmunology Center, Senior Lecturer Hadassah University Hospital, Hebrew University of Jerusalem	Israel
39.	Philippou Christiana	PhD in Nutrition and Dietetics - Specialized on Nutrition Education - University of Nicosia, Doctorate Studies in Clinical Dietetics, Nutrition Science and Health Education - Specialized in Health Education - Middlesex University, UK MSc/AP4 Food and Nutrition - Specialization in Sports Nutrition - Southern Illinois University at Carbondale, USA, RDN (Registered Dietitian/Nutritionist, USA, Europe) and Licensed Dietitian in Cyprus, BSc Food and Nutrition - Specialized in Clinical Dietetics - Southern Illinois University at Carbondale, USA, Minor in Chemistry - Southern Illinois University at Carbondale, USA, Current Position: Health Education (HomeEconomics), Inspector in Secondary Education in the Ministry of Education, Sports & Youth, Inspector of Health Education (Home Economics) in Secondary Education, Ministry of Education, Sports & Youth, Vice President of Cyprus Dietetic and Nutrition Association (CyDNA)	Cyprus
40.	Pieri Myrtani	PhD in Human Physiology, Associate Professor, Department of Life Sciences, University of Nicosia	Cyprus
41.	Poulia Kalliopi Anna	MMedSci, PhD, Assistant Professor of Clinical Dietetics, Department of Food Science and Human Nutrition, School of Food and Nutritional Sciences, Agricultural University of Athens	Greece
42.	Preventi Fani	Dietitian - Nutritionist, MSc, President of the Hellenic Dietetic Association, Hellenic Dietetic Association	Greece
43.	Risvas Grigoris	PhD in Applied Dietetics - Nutrition, MMedSci in Public Health Nutrition, MSc in Health Services Management, BSc in Dietetics, Vice President of EFAD, Academic Director - Aegean College	Greece
44.	Sarigiannis Yiannis	PhD in Medicinal Chemistry, Associate Professor in Chemistry, Department of Health Sciences, School of Life & Health Sciences, University of Nicosia	Cyprus
45.	Vassilopoulou Emilia	PhD, Clinical Research Fellow (Milan) / Asst Professor of Diet and Nutrition (Thessaloniki), Pediatric Unit, Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico / International Hellenic University	Greece
46.	Vlahoyiannis Angelos	MSc, PhD, Part-Time Lecturer, Department of Life Sciences, University of Nicosia	Cyprus
47.	Vlassopoulos Antonis	PhD, MSc(MedSci), BSc, RD, Senior Research Fellow in Food & Nutrition Agricultural University of Athens, University of Glasgow, ESDN Obesity EFAD	Greece
48.	Wakil Elie	Pharm D., Director; Human Relations Consultant, E.W. Human Development Ltd	Cyprus
49.	Yamasaki Patrikiou Edna	MSc, MD, PhD, Professor, Department of Life Science, University of Nicosia	Cyprus
50.	Zampelas Antonis	BSc, Food Science and Technology, Agricultural University of Athens MSc, Food Science, University of Reading, UK, PhD, Human Nutrition, University of Surrey, UK, Professor, President of the Management Board, Hellenic Food Authority (EFET), Member of the Management Board, European Food Safety Authority (EFSA), Professor of Human Nutrition, Department of Food Science and Human Nutrition, Agricultural University of Athens, Greece, Honorary Professor, Division of Medicine, University College London (UCL), Visiting Professor, Department of Life and Health, University of Nicosia, Cyprus	Greece



ORAL/POSTER PRESENTATIONS

ORAL PRESENTATIONS

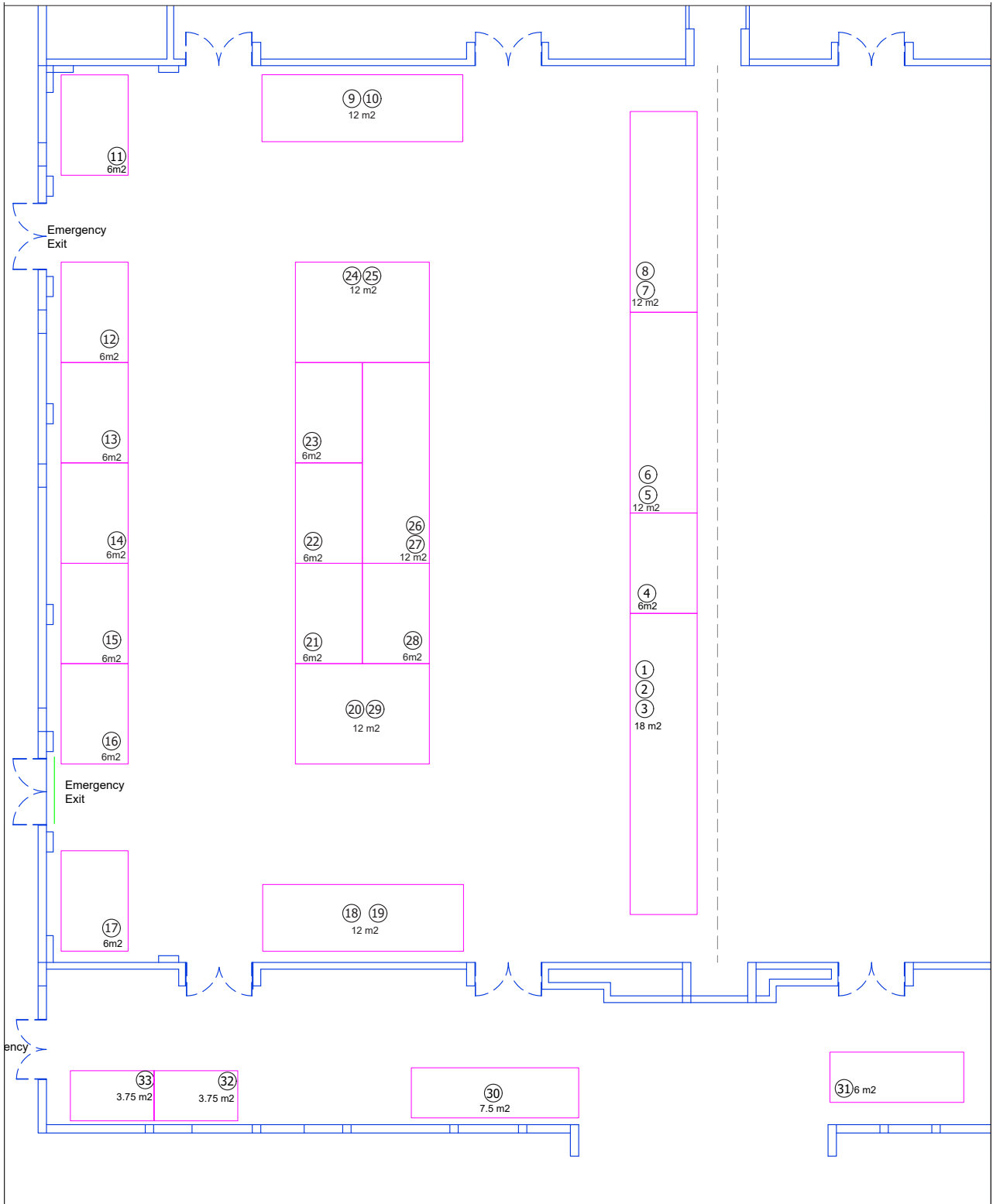
OP 001	Eleftheria Panagiotou University of Nicosia, Cyprus	Evaluating the Influence of the Mediterranean Diet Adherence on allergic Diseases: A Systematic Review
OP 002	Theodoros Pavlidis University of Nicosia, Cyprus	Supplement Consumption according to sport among Cypriot Sportsmen/women: A cross-sectional & Longitudinal Study
OP 003	Maria Eleni Makreli University of Nicosia, Cyprus	Adherence to Mediterranean diet by patients with Idiopathic Inflammatory Bowel Disease (IBD) in Cyprus, Ascertainment of their Nutritional Habits and Association between Medscore and Body Mass Index (BMI)
OP 004	Christiana Mouski University of Nicosia, Cyprus	Investigation of the implementation of mindful eating by Cypriot and Greek adults using the mindful eating questionnaire (MEQ) and correlation of results with Body Mass Index and Serum Vitamin D
OP 005	Sotiria Kotopoulou University of Athens, Greece	Frequency of Fried Fish Consumption increases Dyslipidemia risk: Results from the Hellenic National and Health Survey (HNNHS)
OP 006	Theodoros Smiliotopoulos University of Athens, Greece	Fermented Food Consumption Cartography in the 4 Main European Regions using an online specifically derived fermented food Frequency Questionnaire (FFFQ) - A Pimento Cost Action
OP 007	Anastasia Pateli University of Nicosia, Cyprus	Eating Habits of People with Cancer diagnosis and Examination for adherence to the Mediterranean Diet: An Observational Pilot Study
OP 008	Dimitris Papamichael University of Nicosia, Cyprus	Adherence to the Mediterranean Diet, cancer recurrence risk and disease-related fatigue levels in colorectal cancer survivors: A randomized prospective intervention study
OP 009	Farah Kadhem University of Nicosia, Cyprus	Exploring Eating Habits and Associated Factors in Cypriot Adults: A Comprehensive Investigation Using the EAT-26 Questionnaire (2023)
OP 010	Chrystalla Myriantheos University of Nicosia, Cyprus	Exploring dietary patterns and their Association with Nutrition and label use among Cypriot Adults: A Cross-sectional study

POSTER PRESENTATIONS

PP 001	Pavlina Theodorou University of Nicosia, Cyprus	Adherence to the Mediterranean diet by adults worldwide and its correlation with obesity. Systematic Review.
PP 002	Tamara Al Abdi University of Nicosia, Cyprus	The effect of Personality on Chrononutrition
PP 003	Dionysia Argyropoulou University of Athens, Greece	Analysis of Nutritional Habits in Elderly with Type II Diabetes Mellitu
PP 004	Dionysia Voutou University of Nicosia, Cyprus	Presentation and Nutritional Approach of Celiac Disease: A Literature
PP 005	Panagiotis Siekkeris University of Nicosia, Cyprus	A systematic Review of the Usability Methods and other factors in the Evaluation of online Health Applications for Type 1 Diabetes
PP 006	Christina Kritikou Nicoletta Charalambous Cyprus Ministry of Education, Sports and Youth	Nutrition Guidelines and Initiatives at the Cyprus Ministry of Education, Sports, and Youth
PP 007	Anna C. Michail University of Nicosia, Cyprus	What we already know for PLADO regimens in CKD patients: Review
PP 008	Nayia Andreou University of Surrey, UK	Evaluation of the risk of eating disorders among Cypriot adults, associated with gender, BMI and body satisfaction. Pilot Study
PP 009	Savoulla Ghobrial University of Nicosia, Cyprus	The meaning of Professional Autonomy in a Multi-professional Health Setting



EXHIBITION PLAN





Exhibitors	Booth #
Kyropharm Ltd	1, 2, 3
Cyprus Pharmaceutical Organization Ltd	4
Athlisis Health Development	5, 6
Corina Snacks Ltd	7, 8
MSJ Group	9, 10
NUMED s.a.r.l.	11
ΔΙΚΤΥΟ ΔΙΑΝΟΜΗΣ Φ.ΘΕΟΚΛΗ & ΥΙΟΙ ΛΤΔ	12
Louanfarm Trading Ltd	13
Fagron Hellas	14
VHP Hadjipanayis	15
Medochemie Ltd (Agetis)	16
Filomedica Trading Ltd	17
Dr. Schar	18
Nutricia	19
Serinth Healthcare Equipment	20, 29
T.C.Christophorou Ltd	21
Uppervis Pharmaceuticals Ltd	22
CNP CYPRIALIFE	23
S. S. Pharmaceutical Cross Ltd	24, 25
Relia Trading Ltd	26, 27
C.A.K. Medical Equipment Ltd	28
Charalambides Christis Ltd	30
Cyprus Dietetic & Nutrition Association	31
Herbalista Holistic Health & Wellness	32
Grigoriou B.E. Ltd	33

CONFERENCE PARTNER



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<https://en.cydadietcharalambideschristis.com.cy/recipes>

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για την κάλυψη των αναγκών όλων των ηλικιών.

HEA/01/CY/09-2023

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